

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 1, 2025 thru May 2, 2025

PRESCHOOL

Generated on: 4/28/2025 2:33:23 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/01/2025																
PRESCHOOL	Total	720														
Pozole, Green Chicken 2022	14 oz	720	195	51	642	1.41	1.64	100.7	121	9.98	*2	17.73	16.18	6.13	1.78	*0.00
TORTILLA CHIPS-'24EL	Serv.(1oz)	720	140	0	150	1.50	0.20	16.7	2	0.0	0	1.33	15.33	8.0	1.13	0.00
CABBAGE, SHREDDED	Serv(1/2 Cup)	2880	9	0	6	0.88	0.16	14.0	34	12.81	1	0.45	2.03	0.04	0.01	0.00
FRUIT MIX, Extra Light Sy PS	serving	2880	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			650	66	977	8.42	2.50	523.4	1160	63.62	*50 *31.0%	29.86 18.4%	89.63 55.2%	16.77 23.2%	4.46 6.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/02/2025																
PRESCHOOL	Total	720														
Chicken, Star Nuggets '25	Serving (4 ea)	720	180	30	590	3.00	1.80	20.0	100	0.0	2	13.0	16.0	7.0	1.50	0.00
Cracker, Dino Bites '22	pkg	720	120	0	95	2.00	2.00	13.0	30	0.0	6	1.0	20.0	3.5	0.50	0.00
SALAD 3/WAY, '23	1 cup	720	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
PEACHES, Diced XtraLite Sy PS	serving	720	30	0	5	0.00	0.00	0.0	150	0.6	0	0.0	7.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			463	45	846	5.16	4.07	385.6	3040	6.43	22 19.3%	23.66 20.4%	59.74 51.6%	13.02 25.3%	3.50 6.8%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			557	55	912	6.79	3.28	454.5	2100	35.03	*36 *58.8%	26.76 19.2%	74.69 53.7%	14.90 24.1%	3.98 6.4%	*0.00 *0.0%
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

May 1, 2025 thru May 2, 2025

PRESCHOOL

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target*	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	557		550 - 650														
Cholesterol (mg)	55																
Sodium 1 (mg)	912		1230														
Sodium 1a (mg)	912		1110														
Fiber (g)	6.79																
Iron (mg)	3.28																
Calcium (mg)	454.5																
Vitamin A (IU)	2100																
Sugars (g)	36	26.13%				Missing											
Vitamin C (mg)	35.03																
Protein (g)	26.76	19.23%															
Carbohydrate (g)	74.69	53.68%															
Total Fat (g)	14.90	24.09%	<=30.00%														
Saturated Fat (g)	3.98	6.44%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

*Data comparisons are not available for one or two day selections

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 5, 2025 thru May 9, 2025

PRESCHOOL

Generated on: 4/28/2025 2:41:49 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/05/2025																
PRESCHOOL	Total	1000														
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	1000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
CARROT, Sticks '24	1/2 Cup	1000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	1800	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
CATSUP	1 oz	1000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			518	70	752	10.67	1.92	445.1	10992	17.03	49	28.21	85.49	8.08	2.09	*0.00
% of Calories											38.2%	21.8%	66.1%	14.0%	3.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/06/2025																
PRESCHOOL	Total	1000														
Sandwich, RIB'B-Q PORK '25	1 EACH	1000	320	40	670	3.79	2.59	82.4	15	0.0	8	21.22	35.32	12.27	3.50	0.00
TOMATOES, GRAPE	1/2 CUP	1000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
BANANAS	1 EACH	1000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			543	55	825	7.31	3.05	444.9	1200	18.99	36	31.98	75.29	15.26	5.13	*0.00
% of Calories											26.5%	23.5%	55.4%	25.3%	8.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/07/2025																
PRESCHOOL	Total	720														
Chicken,Orange EL	SERV	720	42	11	83	0.00	0.20	2.8	0	0.0	3	3.06	5.56	0.83	0.00	0.00
Noodles, Chow Mein '23	1/2 Cup	720	167	1	761	3.82	1.38	32.3	2288	8.68	*2	5.53	27.21	5.04	0.79	*0.00
SALAD 3/WAY, '23	1 cup	1400	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	1400	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

May 5, 2025 thru May 9, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 2

Generated on: 4/28/2025 2:41:49 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			482	27	1010	5.87	2.66	417.1	7375	27.73	*51 *42.3%	20.09 16.7%	85.17 70.6%	9.07 16.9%	2.52 4.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/08/2025																
PRESCHOOL	Total	720														
HOT DOG-BEEF W/WHEAT BUN	1 SERVING	720	388	40	984	3.00	2.87	80.0	25	0.0	5	14.94	32.97	22.84	8.93	0.00
BARBECUE BEANS -2018 PS	Servings	720	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	0.06	*0.00
FRUIT MIX, Extra Light Syrup PS	serving	720	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			645	55	1528	6.88	3.90	461.7	778	1.35	*31 *19.3%	27.96 17.3%	78.72 48.8%	25.65 35.8%	10.49 14.6%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/09/2025																
PRESCHOOL	Total	1000														
Penne, Alfredo, Cheesy '23	1 CUP	1500	160	7	202	8.52	1.03	137.6	74	0.43	*1	7.03	26.26	2.73	1.06	*0.06
BREAD, STICK	1 each	1500	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
JICAMA STICKS PS	Serving	1500	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0	0.0	0.00	0.00
APPLESAUCE, UNSWEETENED PS	serving	1500	26	0	1	0.67	0.14	2.4	18	0.61	6	0.1	6.87	0.06	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			567	25	597	17.52	4.17	560.1	649	10.55	*26 *18.7%	21.18 15.0%	90.53 63.9%	11.15 17.7%	3.84 6.1%	*0.09 *0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			551	46	942	9.65	3.14	465.8	4199	15.13	*39 *63.4%	25.88 18.8%	83.04 60.3%	13.84 22.6%	4.81 7.9%	*0.02 *0.0%
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Rialto Unified School District

May 5, 2025 thru May 9, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 3

Generated on: 4/28/2025 2:41:49 PM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	551		550 - 650	100%													
Cholesterol (mg)	46																
Sodium 1 (mg)	942		1230	77%													
Sodium 1a (mg)	942		1110	85%													
Fiber (g)	9.65																
Iron (mg)	3.14																
Calcium (mg)	465.8																
Vitamin A (IU)	4199																
Sugars (g)	39	28.16%				Missing											
Vitamin C (mg)	15.13																
Protein (g)	25.88	18.79%															
Carbohydrate (g)	83.04	60.28%															
Total Fat (g)	13.84	22.61%	<=30.00%														
Saturated Fat (g)	4.81	7.86%	<10.00%														
Trans Fat ¹ (g)	0.02	0.03%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 12, 2025 thru May 16, 2025

PRESCHOOL

Generated on: 4/28/2025 2:46:55 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/12/2025																
PRESCHOOL	Total	720														
Ch-Burger w/WhWheat Bun-201 5EL	1 EACH	720	295	46	730	3.40	3.23	166.0	163	0.0	5	22.09	31.5	10.3	3.75	*0.00
BARBECUE BEANS -2018 PS	Servings	720	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	0.06	*0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	720	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
CATSUP	.5 oz	720	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			563	61	1425	8.83	4.50	560.2	956	125.05	*33	35.29	80.91	13.13	5.31	*0.00
% of Calories											*23.3%	25.1%	57.4%	21.0%	8.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/13/2025																
PRESCHOOL	Total	720														
Popcorn Chicken-Wh.Grain 2021	Serving	720	207	47	400	2.00	0.36	160.0	112	1.0	1	14.0	13.0	11.0	2.00	0.00
SALAD 3/WAY, '23	1 cup	720	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
TANGERINES,FRESH	Serving	720	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			429	62	559	5.18	0.88	574.7	4016	51.68	33	25.02	52.15	14.03	3.57	0.00
% of Calories											30.8%	23.3%	48.6%	29.5%	7.5%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/14/2025																
PRESCHOOL	Total	720														
BURRITO,TKY BEAN & CHSE-2 022	SERVING	720	502	42	990	13.05	4.36	362.3	328	6.87	*4	24.73	60.85	18.89	7.08	*0.00
CUCUMBER, SLICED PS	serving	1500	4	0	1	0.13	0.07	4.2	27	0.73	0	0.17	0.94	0.03	0.01	0.00
Pears, Fresh sliced PS .25 cup	serving	1500	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Base Menu Spreadsheet

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Page 2

Generated on: 4/28/2025 2:46:56 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			672	57	1142	15.59	4.64	727.6	903	11.52	*26 *15.3%	34.34 20.5%	87.93 52.4%	21.56 28.9%	8.62 11.6%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/15/2025																
PRESCHOOL	Total	1000														
PIZZA, Chse, Wh. Gr4X6-'23	1 EACH	900	300	25	440	4.00	2.30	263.0	40	0.0	8	16.0	34.0	11.0	5.00	0.00
JICAMA STICKS PS	Serving	2500	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0	0.0	0.00	0.00
FRUIT MIX, Extra Light Sy PS	serving	2500	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			521	38	552	8.60	2.52	586.7	792	16.50	41 31.6%	23.40 18.0%	74.60 57.2%	12.41 21.4%	6.00 10.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/16/2025																
PRESCHOOL	Total	1000														
RAVIOLI, WG CHEESE-'24	Serving	1000	339	77	856	4.36	3.86	321.1	908	13.06	*6	23.09	44.89	9.37	4.05	*0.00
BREAD, STICK	1 each	1000	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
CARROT PS, sticks	Serving	1000	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	1000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			662	99	1241	7.38	5.49	700.2	1465	136.82	*28 *16.7%	33.64 20.3%	83.89 50.7%	22.46 30.6%	7.32 10.0%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			569	63	984	9.12	3.61	629.9	1626	68.32	*32 *50.7%	30.34 21.3%	75.89 53.3%	16.72 26.4%	6.17 9.7%	*0.00 *0.0%
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

May 12, 2025 thru May 16, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 3

Generated on: 4/28/2025 2:46:58 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	569		550 - 650		100%												
Cholesterol (mg)	63																
Sodium 1 (mg)	984		1230		80%												
Sodium 1a (mg)	984		1110		89%												
Fiber (g)	9.12																
Iron (mg)	3.61																
Calcium (mg)	629.9																
Vitamin A (IU)	1626																
Sugars (g)	32	22.54%				Missing											
Vitamin C (mg)	68.32																
Protein (g)	30.34	21.31%															
Carbohydrate (g)	75.89	53.32%															
Total Fat (g)	16.72	26.43%	<=30.00%														
Saturated Fat (g)	6.17	9.75%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 19, 2025 thru May 23, 2025

PRESCHOOL

Generated on: 4/28/2025 2:50:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/19/2025																
PRESCHOOL	Total	1000														
TACO Walkin,TURKEY, '25	Serving(3 .2 oz)	1000	435	44	776	2.00	0.40	293.2	77	0.0	4	25.79	31.53	24.17	3.83	0.00
TOMATOES, GRAPE-PZ	1/4 Cup	1000	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45	0.07	0.01	0.00
APPLES,Fresh sliced	pkg. (2oz)	1000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			596	59	928	4.45	0.68	656.9	937	128.70	25 16.6%	35.11 23.6%	54.98 36.9%	26.75 40.4%	5.35 8.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/20/2025																
PRESCHOOL	Total	720														
CHICKEN PATTY,WG/HMSTL B UN2015	EACH	720	334	33	648	5.00	3.80	100.0	95	87.0	3	22.0	42.0	10.0	2.00	0.00
BARBECUE BEANS -2018 PS	Servings	720	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	0.06	*0.00
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CATSUP	.5 oz	720	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			658	48	1344	11.06	5.15	489.3	902	97.24	*38 *22.9%	36.30 22.1%	106.47 64.7%	13.16 18.0%	3.67 5.0%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/21/2025																
PRESCHOOL	Total	1000														
Spagh.w/Meat &Noodle '23	3/4 CUP	1000	304	47	778	7.22	4.25	49.2	615	10.57	*4	21.47	38.34	8.95	2.98	*0.00
Roll, dinner,wh.wheat Galassos	1 each	1000	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Green Beans,Can-Season PS-2018	1/4 cup	1300	14	0	121	1.18	0.55	16.8	255	3.09	*0	0.73	3.06	0.06	0.02	*0.00
Pears, Fresh sliced PS .25 cup	serving	1300	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

May 19, 2025 thru May 23, 2025

PRESCHOOL

Generated on: 4/28/2025 2:50:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			548	62	1236	11.16	6.04	473.0	1467	16.54	*25 *18.3%	34.58 25.2%	79.19 57.8%	12.59 20.7%	4.51 7.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/22/2025																
PRESCHOOL	Total	720														
Chicken, Teriyaki, Yangs '22	serving	720	115	70	330	0.00	0.72	0.0	30	0.0	6	15.0	6.0	3.5	1.00	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	720	113	1	133	1.32	0.51	2.9	1	0.44	*0	3.24	22.92	1.12	0.04	0.00
BROCCOLI,raw: fresh	Serv. 1/2 c Veg	1500	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	1500	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			474	86	644	8.50	2.10	476.0	1552	188.60	*40 *34.0%	31.70 26.8%	72.51 61.2%	7.71 14.6%	2.68 5.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/23/2025																
PRESCHOOL	Total	1000														
Bean and cheese Pupusa '24	1 each	1300	290	15	480	4.00	1.08	200.0	5	0.0	1	13.0	35.0	11.0	3.50	0.00
CARROT PS, sticks	Serving	1000	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			548	35	774	8.20	1.67	625.0	582	185.40	24 17.7%	25.90 18.9%	71.50 52.2%	16.81 27.6%	6.05 9.9%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

May 19, 2025 thru May 23, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 3

Generated on: 4/28/2025 2:50:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			565	58	985	8.67	3.13	544.0	1088	123.30	*30 *48.4%	32.72 23.2%	76.93 54.5%	15.40 24.5%	4.45 7.1%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	565		550 - 650	100%				
Cholesterol (mg)	58							
Sodium 1 (mg)	985		1230	80%				
Sodium 1a (mg)	985		1110	89%				
Fiber (g)	8.67							
Iron (mg)	3.13							
Calcium (mg)	544.0							
Vitamin A (IU)	1088							
Sugars (g)	30	21.51%			Missing			
Vitamin C (mg)	123.30							
Protein (g)	32.72	23.18%						
Carbohydrate (g)	76.93	54.49%						
Total Fat (g)	15.40	24.55%	<=30.00%					
Saturated Fat (g)	4.45	7.09%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 19, 2025 thru May 23, 2025

PRESCHOOL

Generated on: 4/28/2025 2:54:59 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/19/2025																
PRESCHOOL	Total	1000														
TACO Walkin,TURKEY, '25	Serving(3 .2 oz)	1000	435	44	776	2.00	0.40	293.2	77	0.0	4	25.79	31.53	24.17	3.83	0.00
TOMATOES, GRAPE-PZ	1/4 Cup	1000	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45	0.07	0.01	0.00
APPLES,Fresh sliced	pkg. (2oz)	1000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			596	59	928	4.45	0.68	656.9	937	128.70	25	35.11	54.98	26.75	5.35	*0.00
% of Calories											16.6%	23.6%	36.9%	40.4%	8.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/20/2025																
PRESCHOOL	Total	720														
CHICKEN PATTY,WG/HMSTL B UN2015	EACH	720	334	33	648	5.00	3.80	100.0	95	87.0	3	22.0	42.0	10.0	2.00	0.00
BARBECUE BEANS -2018 PS	Servings	720	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	0.06	*0.00
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CATSUP	.5 oz	720	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			658	48	1344	11.06	5.15	489.3	902	97.24	*38	36.30	106.47	13.16	3.67	*0.00
% of Calories											*22.9%	22.1%	64.7%	18.0%	5.0%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/21/2025																
PRESCHOOL	Total	1000														
Spagh.w/Meat &Noodle '23	3/4 CUP	1000	304	47	778	7.22	4.25	49.2	615	10.57	*4	21.47	38.34	8.95	2.98	*0.00
Roll, dinner,wh.wheat Galassos	1 each	1000	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Green Beans,Can-Season PS-2018	1/4 cup	1300	14	0	121	1.18	0.55	16.8	255	3.09	*0	0.73	3.06	0.06	0.02	*0.00
Pears, Fresh sliced PS .25 cup	serving	1300	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

May 19, 2025 thru May 23, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 2

Generated on: 4/28/2025 2:54:59 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Weighted Daily Average % of Calories			548	62	1236	11.16	6.04	473.0	1467	16.54	*25 *18.3%	34.58 25.2%	79.19 57.8%	12.59 20.7%	4.51 7.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/22/2025																
PRESCHOOL	Total	720														
Chicken, Teriyaki, Yangs '22	Serving	720	115	70	330	0.00	0.72	0.0	30	0.0	6	15.0	6.0	3.5	1.00	0.00
RICE, ORIENTAL-BROWN RIC	1/2 CUP	720	113	1	133	1.32	0.51	2.9	1	0.44	*0	3.24	22.92	1.12	0.04	0.00
E-2014																
BROCCOLI,raw: fresh	Serv. 1/2 c Veg	1500	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	1500	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			474	86	644	8.50	2.10	476.0	1552	188.80	*40 *34.0%	31.70 26.8%	72.51 61.2%	7.71 14.6%	2.68 5.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/23/2025																
PRESCHOOL	Total	1000														
Bean and cheese Pupusa '24	1 each	1300	290	15	480	4.00	1.08	200.0	5	0.0	1	13.0	35.0	11.0	3.50	0.00
CARROT PS, sticks	Serving	1000	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			548	35	774	8.20	1.67	625.0	582	185.40	24 17.7%	25.90 18.9%	71.50 52.2%	16.81 27.6%	6.05 9.9%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

May 19, 2025 thru May 23, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 3

Generated on: 4/28/2025 2:54:59 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			565	58	985	8.67	3.13	544.0	1088	123.30	*30 *48.4%	32.72 23.2%	76.93 54.5%	15.40 24.5%	4.45 7.1%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	565		550 - 650	100%				
Cholesterol (mg)	58							
Sodium 1 (mg)	985		1230	80%				
Sodium 1a (mg)	985		1110	89%				
Fiber (g)	8.67							
Iron (mg)	3.13							
Calcium (mg)	544.0							
Vitamin A (IU)	1088							
Sugars (g)	30	21.51%			Missing			
Vitamin C (mg)	123.30							
Protein (g)	32.72	23.18%						
Carbohydrate (g)	76.93	54.49%						
Total Fat (g)	15.40	24.55%	<=30.00%					
Saturated Fat (g)	4.45	7.09%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 26, 2025 thru May 30, 2025

PRESCHOOL

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/26/2025																
PRESCHOOL HOLIDAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/27/2025																
PRESCHOOL CORN DOG, CHX '22	Total 1 EACH	900 900	239	40	692	2.31	1.41	25.1	120	0.0	8	11.67	27.9	9.23	2.51	0.00
BEANS, BLACK SEASONED-PS 2018	1/4 CUP	900	63	0	162	4.75	1.34	26.0	24	2.08	*0	4.16	11.5	0.21	0.06	*0.00
APPLES,Fresh	1 EACH	1800	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
CATSUP	.5 oz	900	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MILK,1% DW 2024	EACH(1/2 pint)	900	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			582	55	1132	13.68	3.08	417.6	793	14.77	*50 *34.6%	25.55 17.6%	94.84 65.2%	12.41 19.2%	4.14 6.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/28/2025																
PRESCHOOL TERIYAKI BEEF DUNKERS	Total SERVING (4each)	1000 1200	159	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7	6.5	2.60	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	1200	113	1	133	1.32	0.51	2.9	1	0.44	*0	3.24	22.92	1.12	0.04	0.00
BROCCOLI,raw: fresh	Serv. 1/2 c Veg	1500	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	1500	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			569	63	793	5.35	3.44	422.1	1120	65.35	*50 *35.3%	32.00 22.5%	85.45 60.1%	12.41 19.6%	4.91 7.8%	0.00 0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

May 26, 2025 thru May 30, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 2

Generated on: 4/28/2025 3:09:35 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/29/2025																
PRESCHOOL	Total	1000														
PIZZA, Chse, Wh. Gr4X6-'23	1 EACH	1000	300	25	440	4.00	2.30	263.0	40	0.0	8	16.0	34.0	11.0	5.00	0.00
JICAMA STICKS PS	Serving	2500	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	900	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Pears, Fresh sliced PS .25 cup	serving	2500	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			566	40	592	13.44	3.06	628.3	635	24.48	45	25.64	85.98	13.83	6.55	0.00
% of Calories											31.6%	18.1%	60.8%	22.0%	10.4%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/30/2025																
PRESCHOOL	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			572	53	839	10.83	3.19	489.4	850	34.87	*48	27.73	88.76	12.89	5.20	*0.00
											*76.1%	19.4%	62.0%	20.3%	8.2%	*0.0%

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Rialto Unified School District

May 26, 2025 thru May 30, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 3

Generated on: 4/28/2025 3:09:35 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	572		550 - 650	100%													
Cholesterol (mg)	53																
Sodium 1 (mg)	839		1230	68%													
Sodium 1a (mg)	839		1110	76%													
Fiber (g)	10.83																
Iron (mg)	3.19																
Calcium (mg)	489.4																
Vitamin A (IU)	850																
Sugars (g)	48	33.84%			Missing												
Vitamin C (mg)	34.87																
Protein (g)	27.73	19.38%															
Carbohydrate (g)	88.76	62.04%															
Total Fat (g)	12.89	20.27%	<=30.00%														
Saturated Fat (g)	5.20	8.18%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

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